



Cornwall and Isles of Scilly

16 March 2023

**NHS Cornwall and the Isles of Scilly
Integrated Care Board**
Part 2S, Chy Trevail
Beacon Technology Park
Dunmere Road
Bodmin
PL31 2FR

Email: ciosicb.prescribing@nhs.net

Dear pharmacist,

Updated patient group directions (PGDs)

The PGDs available for community pharmacies to use as part of the locally commissioned minor ailments scheme have been updated for use from 1 April 2023. Please print a copy of the PGDs and keep them in your pharmacy for each pharmacist that will use them to read and sign.

Please complete the self-declaration of competence on the Centre for Pharmacy Postgraduate Education (CPPE) website for minor ailments and the declaration of competence on PharmOutcomes within 1 month if you have not already done so.

There is no longer a requirement to return any documentation to Cornwall and Isles of Scilly Integrated Care Board.

Some PGDs have been renumbered to remove duplicates and gaps, details of any other changes can be found below.

New PGD – aciclovir tablets for the treatment of shingles

We are pleased to include a new PGD to allow community pharmacists to provide a course of aciclovir 800mg tablets for the management of acute herpes zoster (shingles). A template on PharmOutcomes will be enabled to allow provisions to be entered from 1 April 2023.

Pharmacists are encouraged to familiarise themselves with the [appropriate NICE clinical knowledge summary \(CKS\)](#) before using this PGD.

NHS Cornwall and Isles of Scilly Integrated Care Board

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Chair: John Govett
Chief executive officer: Kate Shields

PGD with notable changes

The PGD for supplying nitrofurantoin M/R capsules for the management of uncomplicated urinary tract infections in women aged under 65 years has been reviewed against the NHS England framework for PGDs supplying antimicrobials. The following changes have been made:

Exclusion criteria

The following criteria have been rewritten or added:

- “All men” replaced with “Patients assigned as male at birth”
- Clarified allergy exclusion to read “Known allergy to nitrofurantoin or any excipient in the product to be supplied”
- Strengthened message around sepsis and pyelonephritis with links to appropriate guidance added
- Symptoms which could indicate malignancy added

Written information to be given to patient or carer

This section has been rewritten and the link to the appropriate [TARGET UTI leaflet](#) has been updated

Patient advice and follow up treatment

The following advice has been rewritten or added:

- Call 999 or refer to emergency department if symptoms worsen and begin to indicate sepsis
- Return unwanted medication to the pharmacy
- Suggested over the counter pain relief
- Reassurance for patients who are allergic to penicillin
- What to do if a dose is missed
- Discolouration of urine may occur
- Advice on drinking alcohol whilst taking nitrofurantoin
- Advice for women also taking oral contraception, with links to relevant NICE CKS

The PharmOutcomes template will be updated as necessary to reflect these changes.

PGDs with administrative changes only

The following PGDs have had only administrative changes such as incrementing version numbers, changing dates, and updating internet links. Pharmacists are encouraged to re-read them before signing the declaration:

- PGD for the supply of chloramphenicol 0.5% eye drops for the management of bacterial conjunctivitis
- PGD for the supply of a fluconazole 150mg capsule and clotrimazole 1% cream for the first line management of vulvo-vaginal candidiasis
- PGD for the supply of clotrimazole 500mg pessaries plus clotrimazole 1% cream for the management of vulvo-vaginal candidiasis (where treatment with the first line choice of oral fluconazole is contra-indicated)
- PGD for the supply of hydrocortisone 1% cream for the management of mild skin conditions including insect bites
- PGD for the supply of hydrogen peroxide 1% cream for the management of non-bullous impetigo

- PGD for the supply of sumatriptan 50mg tablets for the management of acute migraine attacks with or without aura in patients

Kind regards

Medicines Optimisation Team
NHS Cornwall and Isles of Scilly Integrated Care Board